FRIENDS OF SNOW CANYON STATE PARK DISCLOSURE AND LIABILITY WAIVER

Friends of Snow Canyon State Park (FOSCSP) is a non-profit organization formed to support the mission of Snow Canyon State Park; to preserve and protect the ecological, historical and recreational integrity of Snow Canyon State Park through public awareness and education; and to promote the development of facilities and responsible recreation for present and future generations.

In order to facilitate activities and events, FOSCSP relies on volunteer leaders. These leaders are strictly volunteers and in no way are to be considered as professional guides.

1. <u>Assumption of the risk:</u> I understand that in participating in any activity, I am responsible for my own safety. I am responsible for my own equipment (including food and water). I am responsible for my physical health and conditioning. If I have any question as to my capacity to participate in any activity, I realize that it is my responsibility to not participate.

In order to accept this responsibility knowingly I attest that I have read the following general risks that are among those possible on any individual hike or other activity in this region. The risks include (but are not limited to): rough and exposed terrain and the risk of a fall from a height and possible injury or death; adverse weather including lightening storms and the risk of electrical injury or death; unexpected snow and ice and the risk of hypothermia with resulting injury or death; high temperatures and the

risk of heat stroke or heat exhaustion resulting in injury or death; the risk of venomous or stinging animals and resulting in injury or death from envenomation or anaphylaxis; the risks of myocardial infraction or cardiovascular or cardiopulmonary collapse and resulting disability or death. I also understand that there are other risks that may not be foreseeable in advance to the volunteers and I accept that the risk of these unforeseen dangers is my sole responsibility.

2. <u>Liability release:</u> I agree to release Friends of Snow Canyon State Park and all officers and volunteer leaders from liability for any injury (including death) that I might sustain while participating in a FOSCSP activity. I further voluntarily agree to release FOSCSP and officers and volunteer leaders from any economic harm that I might sustain while participating in a FOSCSP sponsored activity. I agree that I will not bring suit against volunteer leaders or FOSCSP as a result of economic loss or physical harm that occurs in conjunction with a sponsored activity.